



Botox/Xeomin/Dysport

What to expect:

- the injection can take 3 to 14 days (with an average of 7 days) to take full effect
- if this is the first time I have injected you, I would like to see you back in 2 weeks to make sure it is doing what both you and I want

What you need to do:

- nothing!

What you shouldn't do:

- avoid any strenuous activity (gym, running, yoga, etc.) until tomorrow

Things to look out for:

- a very small amount of bruising or swelling around the injection sites can be seen for 1-3 days. This is completely normal.
- any large amount of pain, swelling, or bruising is extremely rare. If you experience any of this, please call the office