



Laser Pre-Treatment Instructions

Before Your Treatment

Medications:

- Anti-viral meds (Acyclovir) – Start 2 days before procedure (twice a day)
- Antibiotics (Keflex) – Start 2 days before procedure (twice a day)
- Pain meds – per Dr. Yamamoto’s discretion – will be written by him
- Numbing cream – A written RX will be given to you to pick up at Don’s Pharmacy (any time before procedure). *Please bring this with you on the day of your procedure.

Skin Prep:

- If a Pre-Treatment Hydroquinone Kit or a “brightening kit” (depending on skin type) is recommended by Dr. Yamamoto or the esthetician, Annette, this must be used for at least 3-4 weeks prior to having your laser treatment.

Morning of Treatment

- Wash your face the morning of your procedure – do not wear make-up
- You will wash your face again at the office
- A Post-Recovery Skin Care kit will be provided to you with instructions